

JANUARY 2026

[Click event names for more information](#)













**West Midlands
Ambulance Service**
University NHS Foundation Trust

Events

- Cervical Cancer Awareness Month
- Celebration of Life Month
- Alcohol Change UK's Dry January
- Thyroid Awareness Month

3rd - Mahayana New Year
 4th - World Braille Day
 5th - Guru Gobind Singh Jayanti
 7th - Orthodox Christmas
 13th - Maghi Lohri
 16th - Lailat Al Miraj
 18th - World Religion Day
 19th - Blue Monday
 27st - Holocaust Memorial Day

WED	THU	FRI	SAT	SUN	MON	TUE
31	01	02	03 	04	05 	06
 DRY JANUARY						
07	08	09	10	11	12	13
 ORTHODOX CHRISTMAS						
14	15	16 	17	18 	19 	20
21	22	23	24	25	26	27 
28	29	30	31	01	02	03 

FEBRUARY 2026

[Click event names for more information](#)



**West Midlands
Ambulance Service**
University NHS Foundation Trust

Events

- National Heart Month
- LGBT+ History Month
- Raynaud's Awareness Month

1st - World Interface Harmony Day
 4th - World Cancer Day
 5th - Time to Talk Day
 30th - World Bipolar Day
 11th - International Day of Women and Girls in Science
 9th - National Apprentice Week
 15th - Maha Shivratri
 17th - Lunar New Year
 17th / 18th - Ramandan (Start)
 28th - Rare Disease Day
 24rd - Eating Disorders Awareness Week

WED	THUR	FRI	SAT	SUN	MON	TUE
28	29	30	31	01 WORLD INTERFAITH  HARMONY WEEK	02	03
04  World Cancer Day 4 February	05	06	07 time to change time to talk day	08	09	10
11  INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE FEBRUARY 11	12	13	14	15  Happy Maha Shivratri	16	17  Ramadan
18	19	20	21	22	23  NATIONAL EATING DISORDERS AWARENESS WEEK	24
25	26	27	28  RARE DISEASE DAY RARE DISEASE DAY.ORG	29	01	02



NHS

West Midlands
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MARCH 2026

[Click event names for more information](#)

Events

- Prostate Cancer Awareness Month
- Ovarian Cancer Awareness Month
- Ramadan
- Brain Tumour Awareness Month

- 1st - Zero Discrimination Day
- 4th - Holi
- 5th - Ash Wednesday
- 6th - Overseas NHS Worker's Day
- 8th - International Women's Day
- 12th - National No Smoking Day
- 12th - World Kidney Day
- 13th - World Sleep Day
- 16th - Young Carers Action Day
- 17th - St Patrick's Day
- 16th - Nutrition and Hydration Week
- 20th - Persian/Kurdish New Year
- 19th - Eid al-Fitr
- 21st - World Down Syndrome Day
- 21st - International Day for the Elimination of Racial Discrimination
- 26th - International Epilepsy Day
- 31st - International Transgender Day of Visibility

TUE	WED	THU	FRI	SAT	SUN	MON
25	26	27	28	29	01	02
03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
24/31						



**West Midlands
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Events

- Stress Awareness Month
- Bowel Cancer Awareness Month
- Parkinson's Awareness Month

2nd - World Autism Awareness Day

3rd - Good Friday

5th - Easter Sunday

6th - International Asexuality Day

7th - World Health Day

14th - Vaisakhi

22nd - Earth Day










22TH - Jewish Passover

23rd - St George's Day

25th - Lesbian Visibility Day

APRIL 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
31	01 	02 	03 	04	05 	06  INTERNATIONAL ASEXUALITY DAY APRIL 6
07 	08	09	10	11	12	13
14 	15	16	17	18	19	20
21	22 	23 	24	25	26  LESBIAN VISIBILITY DAY APRIL 26	27
28	29	30	01	02	03	04



NHS

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Events

- Stroke Awareness Month
- UK National Walking Month
- Ehlers Danlos Awareness month

1st - Buddhist Vesak

5th - Deaf Awareness Week

5th - International Day of the Midwife

5th - World Hand Hygiene Day

6th - World Asthma Day

11th - Mental Health Awareness Week

12th - International Nurses Day

12th - ME Awareness Week

13th - National Staff Network Celebration Day

14th - National Operating Department Practitioner Day

21th - National Numeracy Day

18th - Dhul Hijjah

20th - Clinical Trials Day

20th - International Human Resources Day












21st - Global Accessibility Awareness Day

24th - Islamic Hajj

26th - Eid al Adha

MAY 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
28 	29	30 	01 	02	03	04 
05	06 	07	08	09	10	11 
12	13	14 	15	16	17 	18
19	20	21	22	23	24 	25 
26	27 	28	29	30	31	01














JUNE 2026

[Click event names for more information](#)

Events

- Pride Month
- Stillbirth Month
- Neonatal Death Awareness Month
- Motor Neurone Disease Awareness Month

1st - Volunteers' Week
 4th - Corpus Christi Day
 8th - Carers Week
 15th - Men's Health Week
 14th - Global Wellness Day
 14th - Race Unity Day
 14th - World Blood Donor Day
 15th - Learning Disability Week
 16th - Islamic New Year
 18th - Autistic Pride Day
 21st - Father's Day
 22nd - UK Windrush Day
 25th - Ashura
 27th - Reserves Day
 27th - National Armed Forces Day

TUE	WED	THU	FRI	SAT	SUN	MON
26 	27	28	29	30	31	01
02	03	04 	05	06	07	08
09 	10	11	12	13	14 	15 
16 	17	18 	19	20	21	22 
23 	24 	25	26 	27 	28 	29



**West Midlands
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Events

- International Women with Alopecia Month
- Disability Pride Month
- South Asian Heritage Month

14th - International Non-Binary People's Day





25th - Feast of St James the Great

18th - South Asian Heritage Month

29th - Aslha Puja

JULY 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
30 	01 	02	03	04	05	06
07	08	09	10 	11	12	13
14 	15	16	17	18	19	20
21	22	23	24	25 	26	27
28	29	30	31	01	02	03

AUGUST 2026

[Click event names for more information](#)



**West Midlands
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Events

1st - World Breastfeeding Week

7th - Cycle to Work Day

7th - Guru Har Krishan Jayanti

7th - Cycle to Work Day

19th - World Humanitarian Day

23rd - International day for the
remembrance of the slave
trade and its abolition

TUE	WED	THU	FRI	SAT	SUN	MON
28	29	30	31	01 World Breastfeeding Week	02	03
04	05	06 CYCLE TO WORK DAY	07 DUKH HUNDE DOOR GURU HAR KRISHAN JAYANTI	08	09	10
11	12	13	14	15	16	17
18	19 WORLD HUMANITARIAN DAY	20	21	22	23	24
25	26	27	28	29	30	31



**West Midlands
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SEPTEMBER 2026

[Click event names for more information](#)

Events

- East & South Asian Heritage Month
- Sickle Cell Awareness Month
- Childhood Cancer Awareness Month
- Blood Cancer Awareness Month
- World Alzheimer's Month
- Urology Awareness Month

4th - Krishna Janmashtami
10th - World Suicide Prevention Day
13th - World Sepsis Day
14th - UK National Inclusion Week
17th - National Suicide Memorial Day
for Health and Care Workers
21st - World Alzheimer's Day
23rd - Bi Visibility Day
23rd - International Day of Sign
Languages
25th - Sukkot

TUE	WED	THU	FRI	SAT	SUN	MON
01 	02	03	04 	05	06	07
08	09	10 	11	12	13	14
15	16	17	18	19	20	21 
22 	23 	24 	25 	26	27	28
29	30	01	02	03	04	05



NHS

West Midlands
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Events

- Black History Month
- Breast Cancer Awareness Month
- World Alzheimer's Month
- Global Diversity Month
- Stoptober
- Down Syndrome Awareness Month
- Speak Up Month

8th - World Sight Day

9th to 15th - Baby Loss
Awareness Week

10th - World Mental Health Day

16th - Wear Red Day

18th - World Menopause Day

20th - Diwali

22nd - International Stuttering
Awareness Day
















26th - Intersex Awareness Day

29th - World Stroke Day

31st - Halloween

OCTOBER 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
29 	30 	01 	02 	03 	04	05
06	07	08	09  	10 	11	12
13	14	15	16 	17	18 	19
20 	21	22 	23	24	25	26 
27	28	29 	30	31 	01	02



NHS

West Midlands
Ambulance Service
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Events

- Lung Cancer Month
- Pancreatic Cancer Month
- Mouth Cancer Month
- Movember (Men's Health) Month
- Disability History Month
- Diabetes Awareness month

2nd to 6th - Stress Awareness Week

8th - Bandi Chhor Divas

8th - Diwali

8th - Intersex Day of Solidarity

8th - Remembrance Sunday

11th - Armistice Day

14th - World Diabetes Day

17th - International Student's Day

13th - Transgender Awareness Week

19th - International Men's Day

24th - Guru Nanak Dev Jayanti

25 - International Day for the
Elimination of Violence against
Women

30th - St Andrew's Day

NOVEMBER 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
27 	28	29	30	31	01	02 
03	04	05	06	07	08 	09
10	11	12	13 	14 	15	16
17 	18	19 	20	21	22	23
24 	25 	26	27	28	29	30 



**West Midlands
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Events

- Universal Human Rights Month
- Decembeard

1st - World AIDS Day

2nd - International Day for the Abolition of Slavery

3rd - International Day of Persons with Disabilities

8th - Rohatsu

4th to 12th - Hanukkah

10th - NHS Domestic Violence Awareness Day

10th - International Human Rights Day

20th - International Human Solidarity Day

25th - Christmas Day

31st - New Year's Eve

DECEMBER 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
01 	02	03 	04 	05	06	07
08 	09	10 	11	12	13	14
15	16	17	18	19	20 	21
22	23	24	25 	26	27	28
29	30	31 	01	02	03	04