

JANUARY 2026

[Click event names for more information](#)



NHS
West Midlands
Ambulance Service
University NHS Foundation Trust

Events

- Cervical Cancer Awareness Month
- Celebration of Life Month
- Alcohol Change UK's Dry January
- Thyroid Awareness Month

3rd - Mahayana New Year

4th - World Braille Day

5th - Guru Gobind Singh Jayanti

7th - Orthodox Christmas

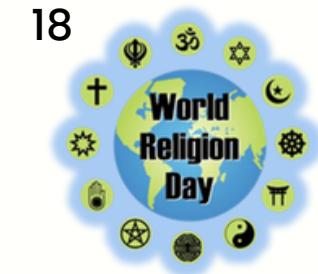
13th - Maghi Lorhri

16th - Lailat Al Miraj

18th - World Religion Day

19th - Blue Monday

27st - Holocaust Memorial Day

WED	THU	FRI	SAT	SUN	MON	TUE
31	01	02	03 	04	05 	06
DRY JANUARY						
07 	08	09	10	11	12	13 
ORTHODOX CHRISTMAS						
14	15	16 	17	18 	19 	20
		ISRA' MI'RAJ ISLAMIC PROPHET MUHAMMAD				
21	22	23	24	25	26	27 
28	29	30	31	01	02	03

FEBRUARY 2026

[Click event names for more information](#)



NHS
West Midlands
Ambulance Service
University NHS Foundation Trust

Events

- National Heart Month
- LGBT+ History Month
- Raynaud's Awareness Month

1st - World Interface Harmony Day

4th - World Cancer Day

5th - Time to Talk Day

30th - World Bipolar Day

11th - International Day of Women and Girls in Science

9th - National Apprentice Week

15th - Maha Shivratri

17th - Lunar New Year

17th / 18th - Ramandan (Start)

28th - Rare Disease Day

24rd - Eating Disorders Awareness Week

WED	THUR	FRI	SAT	SUN	MON	TUE
28	29	30	31	01  WORLD INTERFAITH HARMONY WEEK	02	03
04  World Cancer Day 4 February	05	06	07  time to change time to talk day	08	09	10
11  INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE FEBRUARY 11	12	13	14	15  Happy Maha Shivratri	16	17  Ramadan Kareem
18	19	20	21	22	23  NATIONAL EATING DISORDERS AWARENESS WEEK	24
25	26	27	28  RAREDISEASEDAY.ORG	29	01	02

**NHS**

West Midlands
Ambulance Service
University NHS Foundation Trust

Events

- Prostate Cancer Awareness Month
- Ovarian Cancer Awareness Month
- Ramadan
- Brain Tumour Awareness Month

1st - Zero Discrimination Day

4th - Holi

5th - Ash Wednesday

6th - Overseas NHS Worker's Day

8th - International Women's Day

12th - National No Smoking Day

12th - World Kidney Day

13th - World Sleep Day

16th - Young Carers Action Day

17th - St Patrick's Day

16th - Nutrition and Hydration Week

20th - Persian/Kurdish New Year

19th - Eid al-Fitr

21st - World Down Syndrome Day

21st - International Day for the Elimination of Racial Discrimination

26th - International Epilepsy Day

31st - International Transgender Day of Visibility

MARCH 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
25	26	27	28	29	01	02
03	04 Holi HOLA MOHALLA	05 ASH WEDNESDAY	06 Friday 1 March OVERSEAS NHS WORKERS DAY #OverseasNHSWorkersDay	07	08 International Women's Day	09
10	11	12 NATIONAL NO SMOKING DAY EVERY SECOND WEDNESDAY OF MARCH	13	14	15	16 young carers
17 St. Patrick's DAY	18	19	20 HAPPY NOWRUZ	21 WORLD DOWN SYNDROME DAY	22	23
24 / 31 INTERNATIONAL TRANSGENDER DAY OF VISIBILITY MARCH 31	25	26 INTERNATIONAL EPILEPSY DAY	27	28 INTERNATIONAL DAY FOR THE ELIMINATION OF RACIAL DISCRIMINATION MARCH 21	29	30 WORLD BIPOLAR DAY MARCH 30

APRIL 2026

[Click event names for more information](#)



NHS
West Midlands
Ambulance Service
University NHS Foundation Trust

Events

- Stress Awareness Month
- Bowel Cancer Awareness Month
- Parkinson's Awareness Month

2nd - World Autism Awareness Day

3rd - Good Friday

5th - Easter Sunday

6th - International Asexuality Day

7th - World Health Day

14th - Vaisakhi

22nd - Earth Day

22TH - Jewish Passover

23rd - St George's Day

25th - Lesbian Visibility Day

TUE	WED	THU	FRI	SAT	SUN	MON
31	01 	02 	03 	04	05 	06 
07 	08	09	10	11	12	13
14 	15	16	17	18	19	20
21	22 	23 	24	25	26 	27
28	29	30	01	02	03	04

**NHS**

West Midlands
Ambulance Service
University NHS Foundation Trust

Events

- Stroke Awareness Month
- UK National Walking Month
- Ehlers Danlos Awareness month

1st - Buddhist Vesak

5th - Deaf Awareness Week

5th - International Day of the Midwife

5th - World Hand Hygiene Day

6th - World Asthma Day

11th - Mental Health Awareness Week

12th - International Nurses Day

12th - ME Awareness Week

13th - National Staff Network Celebration Day

14th - National Operating Department Practitioner Day

21th - National Numeracy Day

18th - Dhul Hijjah

20th - Clinical Trials Day

20th - International Human Resources Day

21st - Global Accessibility Awareness Day

24th - Islamic Hajj

26th - Eid al Adha

MAY 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
28	29	30				
						
05	06	07	08	09	10	04
						
12	13	14	15	16	17	11
						
19	20	21	22	23	24	25
						
26	27	28	29	30	31	01
						

**NHS**

West Midlands
Ambulance Service
University NHS Foundation Trust

Events

- Pride Month
- Stillbirth Month
- Neonatal Death Awareness Month
- Motor Neurone Disease Awareness Month

1st - Volunteers' Week

4th - Corpus Christi Day

8th - Carers Week

15th - Men's Health Week

14th - Global Wellness Day

14th - Race Unity Day

14th - World Blood Donor Day

15th - Learning Disability Week

16th - Islamic New Year

18th - Autistic Pride Day

21st - Father's Day

22nd - UK Windrush Day

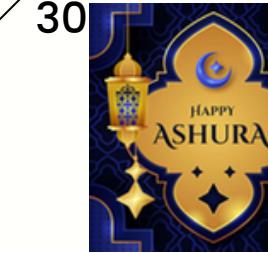
25th - Ashura

27th - Reserves Day

27th - National Armed Forces Day

JUNE 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
26 	27	28	29	30	31	01
02	03	04 	05	06	07	08
09 	10	11	12	13	14 	15 
16 	17	18 	19	20	21	22
23 / 30 	24 	25	26 	27	28 	29

JULY 2026

[Click event names for more information](#)



NHS
West Midlands
Ambulance Service
University NHS Foundation Trust

Events

- International Women with Alopecia Month
- Disability Pride Month
- South Asian Heritage Month

14th - International Non-Binary People's Day

25th - Feast of St James the Great

18th - South Asian Heritage Month

29th - Aslha Puja

TUE	WED	THU	FRI	SAT	SUN	MON
30 A graphic featuring a diverse group of people with the text "DISABILITY PRIDE MONTH" overlaid.	01 A graphic of the Indian subcontinent map with the text "South Asian Heritage Month" overlaid.	02	03	04	05	06
07	08	09	10 A golden illustration of a seated Buddha with the text "Happy Vesak Day!" below it.	11	12	13
14 A graphic of a heart-shaped flag with the text "INTERNATIONAL NON-BINARY PEOPLE'S DAY JULY 14" below it.	15	16	17	18	19	20
21	22	23	24	25 A graphic of a saint with a halo and a red robe.	26	27
28	29	30	31	01	02	03

AUGUST 2026

[Click event names for more information](#)



Events

- 1st - World Breastfeeding Week
- 7th - Cycle to Work Day
- 7th - Guru Har Krishan Jayanti
- 7th - Cycle to Work Day
- 19th - World Humanitarian Day
- 23rd - International day for the remembrance of the slave trade and its abolition

TUE	WED	THU	FRI	SAT	SUN	MON
28	29	30	31	01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

World Breastfeeding Week



**NHS**

West Midlands
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Events

- East & South Asian Heritage Month
- Sickle Cell Awareness Month
- Childhood Cancer Awareness Month
- Blood Cancer Awareness Month
- World Alzheimer's Month
- Urology Awareness Month

4th - Krishna Janmashtami

10th - World Suicide Prevention Day

13th - World Sepsis Day

14th - UK National Inclusion Week

17th - National Suicide Memorial Day for Health and Care Workers

21st - World Alzheimer's Day

23rd - Bi Visibility Day

23rd - International Day of Sign Languages

25th - Sukkot

SEPTEMBER 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	01	02	03	04	05

**NHS**

**West Midlands
Ambulance Service**
University NHS Foundation Trust

Events

- Black History Month
- Breast Cancer Awareness Month
- World Alzheimer's Month
- Global Diversity Month
- Stoptober
- Down Syndrome Awareness Month
- Speak Up Month

8th - World Sight Day

9th to 15th - Baby Loss Awareness Week

10th - World Mental Health Day

16th - Wear Red Day

18th - World Menopause Day

20th - Diwali

22nd - International Stuttering Awareness Day

26th - Intersex Awareness Day

29th - World Stroke Day

31st - Halloween

OCTOBER 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
29	30	01	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	01	02

**NHS**

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University NHS Foundation Trust

Events

- Lung Cancer Month
- Pancreatic Cancer Month
- Mouth Cancer Month
- Movember (Men's Health) Month
- Disability History Month
- Diabetes Awareness month

2nd to 6th - Stress Awareness Week

8th - Bandi Chhor Divas

8th - Diwali

8th - Intersex Day of Solidarity

8th - Remembrance Sunday

11th - Armistice Day

14th - World Diabetes Day

17th - International Student's Day

13th - Transgender Awareness Week

19th - International Men's Day

24th - Guru Nanak Dev Jayanti

25 - International Day for the
Elimination of Violence against
Women

30th - St Andrew's Day

NOVEMBER 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
27 	28	29	30	31	01	02
03	04	05	06	07	08 	09
10	11	12	13 	14 	15	16
17 	18	19 	20	21	22	23
24 	25 	26	27	28	29	30

**NHS****West Midlands
Ambulance Service
University NHS Foundation Trust****Events**

- Universal Human Rights Month
- Decembeard

1st - World AIDS Day

2nd - International Day for the Abolition of Slavery

3rd - International Day of Persons with Disabilities

8th - Rohatsu

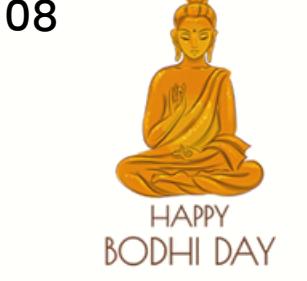
4th to 12th - Hanukkah

10th - NHS Domestic Violence Awareness Day

10th - International Human Rights Day20th - International Human Solidarity Day25th - Christmas Day31st - New Year's Eve

DECEMBER 2026

[Click event names for more information](#)

TUE	WED	THU	FRI	SAT	SUN	MON
01 	02	03 	04 	05	06	07
08 	09	10 	11	12	13	14
15	16	17	18	19	20 	21
22	23	24	25 	26	27	28
29	30	31 	01	02	03	04