

Child Loss Support Services across the West Midlands Region

Organisation	Brief Overview	Contact Details	Website	Other information
Winstons Wish	A charity that helps children and young adults (up to age 25) manage grief by providing free digital bereavement information and support.	Helpline: 08088 020 021 Email: ask@winstonswish.org	www.winstonswish.org	
Sands United	A charity which enables bereaved men to come together through a shared love of sport enabling them to feel at ease talking about their grief.	Email: helpline@sands.org.uk Helpline: 0808 164 3332	www.sands.org.uk	Local support group contact emails: wolverhampton@sandsvolunteer.org.uk birmingham@sandsvolunteer.org.uk shropshire@sandsvolunteer.org.uk coventry@sandsvolunteer.org.uk worcester@sandsvolunteer.org.uk support.hereford@sandsvolunteer.org.uk
The Lily Mae Foundation	A support group for bereaved parents offering up to 6, free one	Telephone: 01676 535716	www.lilymaefoundation.org	Areas covered: West Midlands, Warwickshire, Hereford & Worcestershire, Shropshire for 1-to-1 baby loss support service.

	hour support sessions held fortnightly either face to face, telephone or by video.			Located Balsall Common, CV7 7FR
Cruse	Charity which offers bereavement support and information. Offers group sessions and one to one support.	Helpline: 0808 808 1677	www.cruse.org.uk	Wolverhampton & Dudley – 01902 420055 South Staffordshire (including Lichfield & Stafford) – 01543 433479 Shropshire, Telford & Wrekin – 01952 305555 Stoke – contact helpline number Coventry & Warwickshire – contact helpline number Worcestershire – 01905 22223 Herefordshire – contact helpline number Sandwell (including Willenhall & Walsall) – 0121 558 1798
Lullaby Trust	Offers bereavement support, resources and a befriender scheme managed by people who have also personally experienced	Helpline: 0808 802 6868	www.lullabytrust.org.uk	

	child bereavement.			
Tommy's	Provides information and support for the bereaved. Support service is run by a team of midwives.	Phone: 0800 0147 800 – offers general support and advice Email: midwife@tommys.org	www.tommys.org	